



FINANCIAL FITNESS CENTER™ COURSES

Primary Subject	Tutorial
Accounting	Understanding the Balance Sheet
Accounting	Understanding the Income Statement
Accounting	Understanding the Statement of Cash Flow
Bonds	Bonds and Money Market Investments
Bonds	Buying Bonds
Bonds	Introduction to Government Bonds
Bonds	Introduction to Municipal Bonds
Bonds	Taxes in Bond Investing
Bonds	Treasury Inflation-Adjusted Securities
Bonds	US Savings Bonds
Education Planning	Deferring, Cancelling, or Defaulting on Your Student Loans
Education Planning	Education Planning
Education Planning	Repaying Your Student Loans
Estate Planning	Overview of the Probate Process
Estate Planning	Powers of Attorney and Advance Medical Directives
Estate Planning	Understanding Estate Planning
ETFs	Are ETFs right for you?
ETFs	Exchange-Traded Funds
Financial Institutions	Consumer Credit Counseling Agencies
Financial Planning	Automatic Savings and Investment Plans
Financial Planning	Avoiding Taxes at Retirement
Financial Planning	Bankruptcy and Its Alternatives
Financial Planning	Budgeting for Retirement
Financial Planning	Budgeting Made Simple
Financial Planning	Building a Budget
Financial Planning	Building an Emergency Fund
Financial Planning	Choosing a Credit Card
Financial Planning	Corporate Retirement Plans
Financial Planning	Create a Financial Action Plan -- Keep It Simple



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Financial Planning	Credit
Financial Planning	Determining Retirement Needs
Financial Planning	Establishing Credit for the First Time
Financial Planning	Establishing Health Savings Accounts
Financial Planning	Financial Aspects of Getting Married
Financial Planning	Financial Considerations in Divorce
Financial Planning	Financial Issues for New Parents
Financial Planning	Financing a Major Purchase
Financial Planning	Flexible Spending Accounts
Financial Planning	How to Contribute to Retirement Plans
Financial Planning	How to Rebuild Bad Credit
Financial Planning	How Your Daily Habits Impact Your Wallet
Financial Planning	Introduction to 401(k) Plan Fees
Financial Planning	Introduction to 401(k) Plans
Financial Planning	Introduction to 403(b) Plans
Financial Planning	Introduction to 457(b) Plans
Financial Planning	Introduction to Credit Cards
Financial Planning	Introduction to Debit Cards
Financial Planning	Introduction to Defined-Benefit Pension Plans
Financial Planning	Introduction to Employee Benefits Programs
Financial Planning	Introduction to Health Savings Accounts
Financial Planning	Introduction to Identity Theft
Financial Planning	Introduction to Individual Retirement Accounts (IRAs)
Financial Planning	Introduction to Medicare
Financial Planning	Introduction to Retirement Planning
Financial Planning	IRA Deductions
Financial Planning	IRA Distributions
Financial Planning	Keogh Plans
Financial Planning	Lifestyle Planning
Financial Planning	Making Contributions to Health Savings Accounts



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Financial Planning	Making the Most of Your Paycheck
Financial Planning	Managing Your Debt
Financial Planning	Paying for Health Care in Retirement
Financial Planning	Personal Finance Basics
Financial Planning	Planning for a Large Purchase
Financial Planning	Planning for Long-Term Care
Financial Planning	Principles of Financial Planning
Financial Planning	Programs That Can Help You
Financial Planning	Responding to Identity Theft
Financial Planning	Retirement Risks
Financial Planning	Retirement Withdrawals
Financial Planning	Saving for Short, Mid and Long-Term Goals
Financial Planning	Shopping for a New Car
Financial Planning	Shopping for a Used Car
Financial Planning	Social Security, Medicare and Retirement
Financial Planning	Special Types of Individual Retirement Accounts
Financial Planning	Stop Wasting Money on Fees
Financial Planning	Tax-Deferred Retirement Plans
Financial Planning	The Language of Retirement Planning
Financial Planning	The Roth IRA
Financial Planning	Things to Ask Yourself about Large Purchases
Financial Planning	Understanding and Avoiding Fraud and Scams
Financial Planning	Understanding Your Payroll Taxes
Financial Planning	When You're Overwhelmed by Debts
Financial Planning	Where to Live in Retirement
Financial Planning	Women and Retirement
Financial Planning	Working and Living in Retirement
Financial Planning	Young Couples and Money
Insurance	Annuity Risks
Insurance	Choosing a Health Insurance Plan



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Insurance	Choosing Life Insurance
Insurance	Deferred Annuities
Insurance	Disability Insurance
Insurance	Fixed Annuities
Insurance	Group Term Life Insurance
Insurance	How Long-Term Care Insurance Works
Insurance	HSA-Qualified Health Insurance
Insurance	Introduction to Annuities
Insurance	Introduction to Buying Long-Term Care Insurance
Insurance	Introduction to Term Life Insurance
Insurance	Is Long-Term Care Insurance Appropriate for You?
Insurance	Long-Term Care Insurance Underwriting and Premiums
Insurance	Paying for Healthcare
Insurance	Property and Auto Insurance
Insurance	Tax Aspects of Long-Term Care Insurance
Insurance	Variable and Universal Life Insurance
Insurance	Variable Annuities
Insurance	Whole Life Insurance
Investing Basics	Broker Services
Investing Basics	Capital Gains
Investing Basics	Creating a Portfolio
Investing Basics	Dividend Reinvestment Plans
Investing Basics	Evaluating Risk
Investing Basics	Investment Earnings
Investing Basics	Investment Goals
Investing Basics	Make Compound Interest Work for You
Investing Basics	Understanding Bull and Bear Markets
Investment Analysis	Analyzing Investments
Investment Analysis	Tools and Tips to Evaluate Investments
Investment Strategy	Asset Allocation and the Investment Time Horizon



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Investment Strategy	Dollar Cost Averaging
Investment Strategy	Introduction to Investment Strategy
Investment Strategy	Investing for Income
Investment Strategy	Long-Term Investing
Investment Strategy	Market Timing
Investment Strategy	Retirement Investing Strategies
Investment Strategy	Risk Tolerance
Investment Strategy	The Importance of Diversification
Investment Strategy	Value Investing
Mutual Funds	Asset Allocation Mutual Funds
Mutual Funds	Balanced Mutual Funds
Mutual Funds	Benchmarks for Funds
Mutual Funds	Conservative Mutual Funds
Mutual Funds	Five Questions to Ask Before Buying a Mutual Fund
Mutual Funds	Fund Warning Signs
Mutual Funds	Growth Mutual Funds
Mutual Funds	Introduction to Index Funds
Mutual Funds	Introduction to Money Market Funds
Mutual Funds	Introduction to Mutual Funds
Mutual Funds	Is Your Retirement Portfolio on Track?
Mutual Funds	Life-Cycle Funds
Mutual Funds	Mutual Fund Earnings
Mutual Funds	Mutual Fund Expenses
Mutual Funds	Sector-Fund Investing
Mutual Funds	Taxes on Mutual Fund Income
Mutual Funds	When to Sell a Fund
Other Investments	Choosing a Savings or Checking Account
Other Investments	Introduction to Deposit Accounts
Other Investments	Money Market Deposit Accounts
Portfolio	Avoiding Overlap When Building a Portfolio



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Portfolio	Core vs. Noncore Investments
Portfolio	Creating Your Investment Policy Statement
Portfolio	Determining Your Asset Mix
Portfolio	How to Inflation-Protect Your Portfolio
Portfolio	How to Invest for Intermediate-Term Goals
Portfolio	How to Invest for Short-Term Goals
Portfolio	How to Withdraw from Your Portfolio in Retirement
Portfolio	Rebalancing Your Portfolio
Portfolio	Steps to a Suitable Portfolio
Portfolio	The Best Investments for Tax-Deferred Accounts
Portfolio	The Bucket Approach to Retirement Allocation
Portfolio	When to Sell an Investment
Real Estate	Buying Your First Home
Real Estate	Federal Help to Prevent Foreclosure
Real Estate	Home Ownership
Real Estate	How to Avoid Foreclosure
Real Estate	How to Finance a Home
Real Estate	Primer on Selling Your Home
Real Estate	Refinancing Mortgages
Real Estate	Renting an Apartment
Real Estate	Reverse Mortgages
Sources of Investment Information	Finding Annual and Quarterly Reports
Sources of Investment Information	Sources of Company Information
Sources of Investment Information	Sources of Investment Information
Stocks	20 Stock-Investing Tips
Stocks	Buying and Selling Stock
Stocks	Gathering Relevant Information about Companies
Stocks	Growth Stocks
Stocks	Introduction to Convertibility
Stocks	Introduction to Financial Statements



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Stocks	Introduction to Stocks
Stocks	Learn the Lingo--Basic Ratios
Stocks	Psychology and Investing
Stocks	Small, Mid, and Large-Cap Stocks
Stocks	Start Thinking Like an Analyst
Stocks	The Stock Prospectus
Stocks	Types of Stock
Stocks	Types of Stock Accounts
Stocks	Using Financial Planners
Stocks	Using Financial Services Wisely
Stocks	Value Stocks
Stocks	Weighing Management Quality
Taxation	Getting Your Taxes Done
Taxation	Introduction to Taxes and Investments
Taxation	Reporting Investment Income on Your Federal Tax Returns
Taxation	Surviving IRS Tax and Audit Challenges
Taxation	Tax Deductions for Selling Your Home
Taxation	Tax Sheltering
Taxation	The Basics of Tax Planning
Taxation	What Tax Relief Can You Get for Your Home?
The Money Market	Introduction to Certificates of Deposit (CDs)
